



CAPE BYRON RUDOLF STEINER SCHOOL

Balraith Lane
Ewingsdale, 2481.
6684 7400

news@capebyronsteiner.nsw.edu.au

NEWSLETTER

From heaven above comes sunlight streaming;
Shining, glistening and gleaming.
My silver crescent-cup is filled,
(Be careful that it is not spilled),
Such joy weaves round me everywhere
In water and earth and in light-filled air.
A wave of joy in me as well
Springs from my heart, a surging swell.
By joy I'm taught my God to know.
I am his child – He tells me so.

CONGRATULATIONS EVERYONE ON A FANTASTIC SPRING FAIR

Passion, integrity, commitment, visionary, determination and creativity are just some of the qualities of the amazing people in Class 3, our school community and beyond. This was also reflected in our incredible SUSTAINABILITY Spring Fair of 2009. It certainly exceeded all my expectations personally and as a co-ordinator.

Having said that, yes it has been demanding, time consuming, difficult to focus during a turbulent time and just a lot of dedication and hard work, however this all goes towards building a stronger community. May we continue to grow physically, financially, emotionally and spiritually and build a stronger community.

I have witnessed many wonderful examples of passion and commitment throughout the past few months and one particular example has been the craft group. They started the term with no space, no group and no materials, just a few very talented individuals with nimble fingers and a sense of humour. In just 9 weeks they produced a most outstanding display of craft, which has made a substantial contribution to the end result. An amazing effort.

Teachers, staff, parents, friends and students, thank you for all your wonderful support. A VERY SPECIAL THANK YOU to the parents of Class 3 and Gavin for his patience and understanding.

THANK YOU.

Heather Braniff
Co-ordinator

CBRSS SPRING FAIR 2009 – SUSTAINABILITY

STUDENTS START TERM 4 TUESDAY 20TH OCTOBER

The school office will be open 6-7th October & 15-19th October from 10 am - 3 pm.

ACTING PRINCIPAL

What a wonderful day was had by all at our Spring Fair! According to many reliable sources, it may just have been our best Fair ever: great atmosphere, relaxed and committed workers, visitors who were understandably impressed by this beautiful School and it's environment, terrific entertainment, delicious food, old friends and new...the list goes on.....!!!!

A huge thank you to every single person who helped make the day the success that it was, too many to mention each one, but know that your contribution made a difference, and was part of a collective effort for the good of all of our School community. BRAVO!!!!!!

A special thank you to:

Gavin, who always gives 100% and then some more

Rosina, who stayed until the last gate was closed, and all of the Class 3 parents who worked continuously and tirelessly

Heather and Tad.....fresh ideas, enthusiasm, lots of energy, and still smiling at the end

Jenny, Andrea, Mark, Tracey...dedicated and professional bean counters, BIG smiles at the end

ALL OF THE P&F members, for their willing work and enthusiastic support for the School

Jodi, Sandy, Melanie, Jane and all the Craft Group friends.....week after week of RSI, quietly creating beauty.

The Calendar group...Julie, Georgia, Donna, and others, it was all worth it...it's beautiful

Loani and Tom and all of the singers, music makers, talented song writers, circus performers, maypole dancers, puppeteers,what a wonderful effort.

All of the businesses who donated, sponsored, exhibited, and contributed so generously, in spite of the windy weather.

Arleen for devising a way to use a lot of matches without causing destruction.

Katie, the Mistress of Ceremonies at the last minute, who did so with style and good humour

All of the Office Staff for their never ending help in so many ways, and enduring good humour, and all of the staff who spent time displaying the students work, an awe inspiring showcase of the skills and talents of our students.

The way it all came together on the day is a testament to the strength, creativity, and commitment of our Cape Byron Rudolf Steiner School community. WELL DONE EVERYONE

Best wishes to all

Enjoy your holidays, and see you again next term relaxed and well rested,

Julie McVeigh, Acting Principal.

All the members of our community have responsibilities for the safety and well being of themselves and every other person as well.

Staff and parents, the adults, have the responsibility to support the School's policies and procedures, by ensuring that students and children act in accordance with requirements for safety and health.

Staff have responsibilities to a duty of care to protect the students from harm, and a requirement to ensure a safe and supportive environment for all.

Therefore, please ensure the following rules are followed:

1. Shoes on while outdoors on site, including coming and going from school, staff, parents and siblings included
2. PRACTICAL hats for outdoor play
3. No ipods, mobile phones, or other electronic devices are to be brought to school
4. No skateboards, or scooters are to be brought to school, unless there is a requirement for an after school activity. In this case, the item should be brought to the Office for storage during the day.
5. When coming to the school, we ask parents to be conscious of their mobile phone use. As we adults model behaviour for our children, we ask parents refrain to from using mobiles at school, and that phones be turned off at school events.

The following is an extract from Great Barrington Rudolf Steiner School media policy

At this time, when all the peoples of the world are searching for ways to heal our differences and offer a peaceful, healthy way of life to our children, we are called on to do all we can to equip our children well. Thinking with clarity, focus, creativity, and flexibility will help meet any need of the future. Media works against these capacities.

Today we all know that electronic media are harmful to the healthy development of children, but we may think that careful selection of programs, watching with our children, or sitting with them while they “surf the web” makes it okay. Evidence to the contrary is overwhelming. Alarming effects on the developing senses, nervous system and brain function have been documented. A child is driven to an inner disharmony by the effects of electronic media. It manifests in nervousness and lack of concentration, a lack of initiative, inability to play or learn, boredom and listlessness. The accumulation of repressed energy leads to aggression, impulsive outbreaks or, on the other hand, extreme passivity.

As teachers we see the compromising effects of electronic media on the children’s ability to be present in the classroom. It manifests in short attention span, distractibility, a need to be entertained, attention-getting behavior and inability to listen and take in a lesson. One of the worst possible effects electronic media may have is the eroding of the will. No matter how smart a person is, if there is no will power or initiative to carry out ideas, this intelligence is pointless.

**REPAIR, CARE & MAINTENANCE DAYS (RCM)
Friday 16th & Saturday 17th October 10am – 3pm.**

Bring your own lunch and we can stop and have lunch together at around 12.30pm.

We have 2 RCM days on the last Friday & Saturday of the school holidays.
Come along, have some fun, socialize with the school community and help care for our school. There will be a variety of tasks to do on the day. We would like to beautify the Class 10 room and surrounding areas and doors with a lick of paints and estapols, and would appreciate help in this area on the days.

See you there
Gavin.

SCHOOL COUNCIL NEWS

Dear parents and friends of CBRSS,

I would like to inform you, on behalf of the CBRSS council that Mark Stephan has just recently resigned from the position of chairperson and has left the CBRSS Council. Our council meetings are continuing with Jeremiah O’Toole taking on the role of chairing the meetings in his capacity as the Vice Chairperson. We are seeking a new parent representative for the Council and hope to have someone on board very soon, once we have completed the process.

If any association member is interested in the vacant School Council position, please contact the CBRSS Council Secretary – Adrian Hanks. The Council is seeking someone who has some relevant experience and someone who has time, energy and passion for this role.

On behalf of the CBRSS Council I would like to thank Mark for all the time, effort and energy that he has poured into school as a Council member. Much was achieved with Mark on the team and his legacy will surely be built on.

As we move into the next stage of the Council’s growth we will endeavor to keep an open and transparent path of communication and advise the school community of any new changes or major decisions.

On behalf of the CBRSS council,
Adrian Hanks - Secretary

Cape Byron Rudolf Steiner School Community Meeting Minutes

Monday 31st August 2009 7-9pm

Chair: Merrill Badger

Minute Taker: Lyn McCormick

Present: Mischa Colley, Merrill Badger, Jeremiah O'Toole, Adrian Hanks, Teera Palmer, Janice Dutton, Annas Nabi, Tia Brown, Paul Harris, Terese Molloy, Julie McVeigh, Jana D'Arville, Rachel Knight, Lyn McCormick, Gary Ivison, Marlis Griffith, Beth Macintosh, Yvonna Schlawe, Trina Minter, Emily Stubbs, James Dodd, Gregorio Noakes, Jane Abercrombie, Peter Schirrmeister, Strawberry Connors, Shivani Ulrichsen, Mark Purser,

Apologies: Catherine Dunham, Arleen Hanks, Delaney Crawford, Mark Stephan, Phil and Julia Barron, Ruth Einfield, Rosina Mihajlovic, Katie Biggin

- **Welcome and Introductions:** from Merrill Badger, explore together the state of the school and looking positively into the future of the school. Imagination offered - that we are here for the children K-12, facing the future together. Theme - youth is not made for pleasure but is made for courage. RIP Jai 2009 - courage to meet the future whatever it may be. Introductions to School Council and College of Teacher members.
- **Verse:** a minute's silence for Jai and his family.
- **Why we are meeting together tonight: Time and opportunity to create anew the vision** of Cape Byron Rudolf Steiner School. New ways and new possibilities. Workshop this together tonight.
- **Reconfirmation of Safe Meeting Practice:** read out
- **Response from the bank:** a certain number of enrolments 300 as opposed to 282 as of 7th August. Created a financial challenge to the school. No response from the bank as of this moment in time - however we have been in communication with them during this time. The School Council had indicated to the bank that it was capable of managing its own house. Also at the meeting we reaffirmed that we are a K-12 school. Census set our enrolment numbers at 282. Fixes our income flow. Need to reach 300 and beyond. Some updated financials are expected from the accountant - by next week. School Council has also contacted other financial institutions - application forms have been lodged today. How to bring in new children and how to improve financial position.

Further news: advertising for a principal, will begin 1st October.

Questions or clarification (10 minutes):

- **How long ago is it since the school fees have increased** - beginning of the year 8% and a further 8% at the beginning of 2010. Two governmental streams of funds - doesn't cover the cost of running a school?
- **How do other schools receive so much funding?** Church schools are funded by the church. Catholic schools entered an agreement with the Government and are funded similarly to state schools.
- **What is the dollar value of the shortfall?** Each student represents \$10,000, 1/3 fees, 2/3 government. Is there a \$200,000 shortfall? Yes. Proposal to defer payments to the Taxation Office.... Federal Government funding is set at the census date. Unpaid fees to this value - affects the health of the school. Full fee repayment would not address the problem but it is a sign and it compounds the problem.
- **Classroom assistants in the primary school** - with the current enrolment number this has been affected and will be ongoing until there are more enrolments. Most primary teachers receive two hours a week and use it wisely. The reinstatement of assistant hours will be reviewed when there are significantly more enrolments.
- **Cutting learning support** - does this affect compliance. No.
- **Why do students exit** - 1/3 dissatisfied for whatever reasons, 1/3 going to live elsewhere, 1/3 financial. Mentioned that other schools are also losing numbers.
- Next meeting after response from bank. Need to keep the momentum - especially in marketing.

Next Step tonight:

Workshop groups and then come back to plenum to share with everyone. Agreement that one person from each group will type up the ideas of their group and email to lyn.mccormick@gmail.com . Lyn will collate. Could be published in the newsletter.

- **Parent / Staff education: Peter Schirrmeister**

The objective should be to foster a greater cohesiveness with the rationale that parents would be more committed to the school if a stronger sense of community is present.

Ideas:

- To establish a weekly or monthly at least morning meeting [9:30 to 10:30] that replaces the 'car park', allows parents to ask questions, to discuss more or less anthroposophical questions and to inform new parents. Place: the current parent space, tool required a coffee machine – food would be brought by parents
- Such a group could be the foundation for a more solid self learning date or lecture circle
- A real estate group could evolve out of it or attached itself to it
- A more distant goal could be a shop in Byron Bay that lifts the profile of this school, sells biodynamic vegies, books and possibly offers a space for Eurythmy in town itself
- Enrolments/ publicity: Janice Dutton
- International students
 - Current International parents could invite friends
 - Advertise in international Steiner Schools
 - International networking
 - ESL needs should be met
- Bursaries/CFAF
 - Keep these available
- Byron Community School
 - Can we encourage Class 6 students to come here for high school?
 - Build ties
 - Invite them to:
 - Spring fair
 - Greek Olympics
 - Art Show
- Transport from Lismore
 - How much would it cost to run a bus?
 - Any student from Lismore, 30 - 80 % of fees can go toward running the bus.
 - Bus only to Bangalow so that students are waiting @ school rather than Bangalow;
 - Costs less than a bus to/from Lismore
- Bring a friend day
 - Particularly in the High School
 - This would need to be well organised, but a truly great idea.
- Decent Website
 - Use as student activity to feed in content to the site.
- Have our children's work displayed, it is always amazing.
 - Also great for the International Students to view
- Marketing Strategic Plan
 - What are our goals, how will we get there.
 - When we do spend money on advertising have a plan to be sure it works
- Inter-school activities
 - Sport/Activities. Doesn't have to be other Steiner Schools, reach out for students from Main

Stream to see what we do.

- **Community Participation**
Local shows etc put our students work into somewhere like the Mullumbimby Show Murwillumbah shows. Get our name out there.
- **Skills bank (individual businesses)/ LETS - Adrian e.g. Eco Paint Company in Byron Bay - E Colour - an**
Ideas for setting up a skills bank or LETS system in the school community
 - Workshops to be held in the school
 - Local shop or regular market stall
 - Sponsorships in school
 - Advertising in newsletter or new business newsletter
 - Advertising wall – businesses to sponsor/buy a space
- **Giftng/ fundraising, revolving loan - Merrill:**

Revolving Loan - doesn't have to be called this. Can keep the school afloat in times of need. An example - school was burned down, just completed. Three hundred children - New Hampshire the first to do this - had been in existence for 30 years. Shock and question as to how to go forward. Buildings, grounds etc - should the load be just on existing parents. How can it be shared across the future years? There wasn't enough cash on hand - needed this to keep going, and rebuild and for future generations to have financial and other investment in the school, the grounds the education. Idea - teachers and every family made a contribution - e.g. \$500 non-interest bearing gift for the time of the child at the school. Stats showed 28% - 30% donated it back to school - library, music. School can develop mechanism to manage. Gives opportunity for wise investment. Works well with the bank. Another financial institution that parents can stand behind. Crisis was the mother of invention. **How to bring to an established school** - other schools introduced because of other needs within their community.

Increasing application fees ... Parents being the best spokespersons. We are committed to a childhood for children.

Giftng giving: concept of a pledge community - everyone pledges something. Handful of people capable of giftng in excess of \$50,000, 10-20 people - 10 -20,000 - tax write-off, CDs, bonds and other instruments. Pyramid structure

Fundraising: sign for the school - current one needs revamping

Produce markets - from the school gardens. Once a month - markets - open to everyone. Cafe and bbq, one market coordinator. At previous school BBQ made a \$1000 a month. Tourist buses. Vouchers for Devonshire tea. Parents would need to help with gardening ... class a month doing BBQ and cafe. Inviting school community, and community market holders.

A few dot points:

- weekly market with produce supplied by the school garden this could involve the Ewingsdale community
- monthly market with outside stall holders that will involve the school community running the cafe/ BBQ,
with cafe and BBQ run by classes monthly and funds go towards class/ school % to each

At Bowral Steiner school this was the biggest fundraiser as money was made from stall holders, BBQ, Cafe, Produce, cakes and our school supplies and craft (we called this 'Scoop' Steiner Co- op). We were in a similar position from the major highway to what we are here in Byron and this worked well for signage.

- **Marketing, publishing/ communication - Teera Palmer, Tia Bowen, Kim Davie, Annas Nabi, Jane Abercrombie**

Facebook

- Event promotion
- widening recognition, Networking

Twitter

- Seasonal & Anthroposophical verses (interest & recognition)

Publishing House

- Calendars
- Plays
- DVDs
- Ensemble CDs
- Community Newsletter (beyond school)

Bus Route – Lismore & wider area

- Tender / Purchase / Lease
- Could be used for other school purposes

Car Pool Network Database

- able to offer prospective & existing parents support

Employers of Ex- Students

- showcase success & “Giveback” to school

Articles & Editorials in existing media (i.e. Kindred)

Home-school program

- offer study space / facilities / resources, within the school
- integrate students
- offer Non HSC Stream in the high school

Regular marquee stall at Markets:

- enrolment info
- Steiner info
- Crafts for sale

Artisan Markets:

- Showcase talents / promote the school
- Sale of work

Radio Show / Pod Casts

- ex students
- current students
- teachers

Art Festival @ community venue i.e.: Surf Club

Winter Festival @ beach etc

Businesses to sponsor the school

Grants Team: philanthropical society

- **RCM, Parent input/ canteen: Marlis** – information to be provided at a later date
- **Retention - Jeremiah:** information to be provided at a later date
- **Alumni/SRC - Mischa Colley and Strawberry Connors:** information attached

Class 8 Fundraiser BODY IMAGE WORKSHOP

This workshop is for all parents who want to encourage their children to like their looks by first exploring the beliefs, thoughts, perceptions and feelings which shape the relationship they have to their own bodies. When you are clear that you like what you see in the mirror, you can guide your children on how they can stop focusing on perceived imperfections and start feeling more confident about the way they look. This workshop consists of a presentation of relevant information, an exercise for personal self-inquiry and time for open discussion.

Date: October 31st **Time:** 9:30am - 12:30pm **Place:** Cape Byron Rudolf Steiner School
Cost: \$50.00 (profits go to Class 8 fundraising)

Facilitated by Sandra Kimball, counselling psychologist. There are limited places.
Please contact Sandra to reserve a space: kinbaru@gmail.com or 6680-8839

A note from Sandra: *My interest in this topic accelerated when I was working in Japan and was counselling young men and women who came to study at Kyoto University's Consortium for International Studies. Surprisingly, most of them had issues stemming from pressures to conform to an unrealistic self image, especially related to their bodies. This resulted in an alarming prevalence of self-harming behaviours, depression and eating disorders. I want to share with you what I've learned about this relevant topic so we can assist our children in building a positive body image.*

The following sections are adverts submitted by individuals and Cape Byron Rudolf Steiner School take no responsibility for the content, nor are the opinions expressed in the adverts and notices necessarily those of the school.

CLASSIFIEDS

Bio-dynamic spraying for CBRSS.

B.D. 500 stir and spray
3.00 pm Wednesday 7th Oct

B.D. 501 stir and spray
5.00 am Tuesday 20th October
(First day back of term 4)

Staff, parents, CBSS friends, and supervised children are welcome to join in. Class 6 children (and parents) are especially invited along as part of their ongoing gardening interest.

Please call Adrian on 0400424417 to confirm your attendance, it helps with equipment needs.

FAMILY LOOKING FOR LONG TERM RENTAL HOME IN BYRON BAY - We are 2 working adults and 2 children (attending Cape Byron Rudolf Steiner School) seeking a long-term (3 bedroom or larger) home in the Byron Area. We are responsible and conscientious tenants, with references. Our family includes a very small, well-trained dog (with his own reference). We will care for your home and garden as if it was our own. Our ideal date to move is in the second half of December 2009 but we are willing to wait if the right home is available in the New Year. Please call Phil 0414 189 577

Beautiful old 4 bedroom house with pool in Mullumbimby for rent. Two bthrm, semi-furnished, avail. for one year from Feb. 2010. P.O.A. Ph 02 66846864 Kristin.

Byron Girls Group were successful in their application to create a set of motivational playing cards featuring the art work of local young women. The idea behind the card deck is to create a useful and fun resource for young women's empowerment and create a professional art piece for aspiring young artists to include in their portfolios. The cards will be given out to young women in the area as well as to the participating artists. By creating a deck of cards we increase the potential number of artists who can participate in the project. The Girls Group have had a series of meetings about the themes of the card deck, mediums of artworks and presentation of the final product and have decided to include drawings, paintings, computer graphics and photography so that as many young women as possible can participate in the project.

Every card must include an image of a woman or an object associated with femininity. There will be 53 cards so we encourage as many young women as possible to submit art work for this project. You have to be between 12-25 and live in the Byron Shire to submit your artwork. For more information call Belle Arnold on 6685 9341 or Daisy Sowter on 0413 419 798 or Georgina Tait on 043462505 or www.myspace.com/byrongirlsgroup, or come along to a Byron Girls Group meeting 4:00 Mondays at the Byron YAC, 1 Gilmore Cres Byron Bay.

LUKE HUGHES
CLASSICAL WESTERN HERBALIST
Adv. Dip Herb Med
Dorothy Hall trained, ATMS Reg.

As a classically trained Western herbalist Luke primarily uses iridology and bio-chemic psychology to diagnose during a 1 hour consultation.

Luke also takes into account your own individual emotional profile, constitution and illness patterns and specializes in Children's Constitutional medicine.

Treatments comprise of drop doses of herbal tincture that adheres to the classical practice of prescribing the least amount to produce a given response.

This is combined with Bach Flower remedies and Nutritional advice.

After school consultations and home visits available

66 805 297 0425 376 771

lukehughesherbs@gmail.com

Byron Bay Junior SLSC Nippers Sign On
Girls and Boys 6-13 years
Saturday 17th October 10-12midday at the
Byron Surf Club
New member \$85 (includes rash top & cap)
Renewing members \$65
www.byronbaysurfclub.com.au

A RE-UNION is planned for 29th November as a 5 year Celebration of the Natural Birth Education & Research Centre's (NBERC) options of care. This year the plan is for Clients & Midwives who have utilised our maternity service options, to re-connect. Some people were not on-line at time of their birth, and we do not have their contact details. Please could you pass on the attached poster to any families who may wish to attend the reunion / birthday celebrations.
Thank you - Warm Regards, Margaret Spain (Santo)
The Natural Birth Education & Research Centre
info@naturalbirth.org.au

sing ... Just for the fun of it

Private tuition also available

Adult groups held every Wednesday 9:30-11:00am at Wheel of Life Studio Brunswick Heads.

Children & Teen one hr group sessions held after school in Ocean Shores.

Julia Williamson

ph 02 6680 4071 mob 0412 201 736

email: julia@voicejam.com.au

www.voicejam.com.au

Don't get bored or burnt this Summer.

Help organise activities you'd like to see happen in your neighbourhood! Bands, DJ's, Graffiti Art, Beach Volleyball - whatever.....

Brunswick Heads CDAT - Community Drug Action Team - has been set up to support young people and help provide fun, affordable entertainment close to home.

Funded by North Coast Area Health Services Drug & Alcohol Unit, the Bruns team aim to reduce and minimize drug and alcohol related harm and provide positive, healthy, life enhancing options for young people.

Anyone interested in organizing or performing at events, or participating in art projects and other fun activities can **sign on at the Youth Activities stall at Bruns & Mullum markets or contact Michele on 66803163**

VIOLIN FOR SALE

Full size 4/4 Aston Violin for sale. Brand new / never used. Cost \$230 new. Comes with bow, case, rosin and shoulder rest. SELL \$160.

Call Phil 0414 189 577

Cape Byron Rudolf Steiner Building Fund
Lot 5 Balraith Lane EWINGSDALE
NSW 2481
ABN 98 626 252 540
CRICOS Provider Code: 02346B

Voluntary Building Fund Contribution

As an independent School, we are only entitled to limited Government funding for capital works, thus we rely heavily on community contributions for our building programme.

We request your assistance in contributing to our fully registered Cape Byron Rudolf Steiner School Building Fund. All money voluntarily donated to this fund is **fully tax deductible** and will be used to fund the acquisition, construction and maintenance of our School buildings.



By ticking the relevant box, and attaching this payment with your School fees, your voluntary contribution will be credited to our building fund and we will provide a separate receipt to enable you to make a deduction in your next income tax return. I hereby donate the following amount:

DONATE: (Please tick frequency & \$) Quarterly each Term \$10
 Annually \$30
 One Off \$50

SIGNATURE: _____

Please send a cheque to the School or fill in the attached credit card details :

Other: \$

* Credit card <input type="text"/>	* First name <input type="text"/>
* Card number <input type="text"/>	* Last name <input type="text"/>
* Name on card <input type="text"/>	* Street address <input type="text"/>
* Expiry date <input type="text"/> <input type="text"/> mm/yy	* Suburb/town <input type="text"/>
* Denotes required fields.	



Cape Byron Rudolf Steiner School
www.capebyronsteiner.nsw.edu.au