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Dear Parents and Friends

Several rumours are currently doing the rounds which I would like to dispel. I wish to thank those people who have brought them to my attention and asked for clarification.

Learning Support

The first is to do with Learning Support for the class for 2009. I wish to assure you that **Learning Support** for the children who need it will continue next year. In fact, quite the contrary to the rumour, Learning Support for the school will be increased next year in line with the need and will be staffed by two very experienced and highly qualified teachers who are known to the children. The teachers are currently writing their goals for the year and beginning liaising with all class teachers and sponsors who will identify for them the children who could benefit from some extra support. Please speak with your Class teacher if your child is currently not receiving Learning Support and you feel he/she would benefit.

Class Teachers

The second rumour is in regard to a so-called “new direction” that the school is reputed to be taking with class teachers. Our school regards Primary School as being Classes 1 to 6. Teachers usually begin their journey with Class 1 with the intention of completing the 6 years. However, it would be unrealistic and unfair to be insistently inflexible in this. Class teaching is a demanding task and teachers need to feel free to develop themselves professionally in the best way possible and in a way that impacts positively on the children – our primary concern. If that means taking the class to a certain point and then beginning the journey again, they need to have the freedom and support to do so. If a teacher

feels strongly that they want to continue the journey to Class 6, they will be supported to do that.

Our High School

The decision to make Class 7 part of the high school was based partly on the NSW practice of beginning high school at Year 7 and partly on the changing nature of today’s early adolescent. This will not change at CBRSS as Year 7 will continue to be part of the high school. Traditionally in Steiner/Waldorf schools the Class Teacher years have been 1 to 8. However, for the past ten years or so this has been under review worldwide and many different models are practised in many different schools – partly to meet the needs of developing teachers, partly to meet the needs of the changing nature of childhood and partly to meet the local needs. Our class teacher years, as stated above, finish at the end of Class 6. However, the children are still young and, during the four years that this practice has been in place at CBRSS, much work has been done here in trying to find a way that allows for Class 7 to be “high school” but does not reduce the pastoral care which they have been used to receiving under their class teacher and are still requiring at 12 to 14 years of age.

Earlier this year, the teaching body picked up on this again and “workshopped” what we think is an excellent solution. Classes 7 and 8 will each have a specialist middle school Guardian Teacher. These teachers will cycle, on a two yearly basis, between the two classes. That is, the teacher who picks up class 7 will take the pastoral and educational responsibility for the class for the next two years and will teach mainly in Classes 7 and 8, utilizing their special skills across both classes. At the end of class 8, the children will be

handed over to the person who has been their co-guardian for the past two years and who will follow them through till the end of their journey at Cape Byron in Class 12, and the Guardian Teacher will return to pick up the next Class 7. This model has many advantages for the children:

- They get teachers who have special skills for that age group, the Waldorf curriculum themes and an integration of the subjects taught
- They get continuity of care throughout their high school years, with special emphasis on the first two years
- They are still part of the high school and experience the benefits of teachers who are subject specialists.

The Kindergarten

Allow me to reassure all kindergarten parents that Julie McVeigh **will** be teaching in the kindergarten next year. What we are doing in introducing a second group is very much in line with the traditional Steiner practice of mixed (family-type) age groups in pre-class-teacher years. We are advertising for a kindergarten teacher, not to replace Julie, but to join her.

As mentioned at the beginning, I am very appreciative of those people who take the time to see me about the rumours they hear. Sometimes, in the busyness of school life, we think that we have conveyed the message clearly but find that we haven’t. My sincerest apologies, in the hope that this will go some way towards dispelling fears and inaccuracies.

With kind regards
Janet Molloy
Principal

*The light that is streaming through air all around,
Which, sparkling and gleaming, now warms the earth’s ground,
Reveals the stars’ handwork where flowers abound.*

*And, wondrous and radiant, an Angel I see.
He shines with God’s light and he smiles upon me.
It is !! He it is whom I one day will be,
In my heavenly mantle, from darkness set free!
Michael Hedley Burton*

To catch up with Juel (Class 8) and his travels in China please see page 7

Meaningful Work and Imaginative Play: Building Blocks for Life Long Learning

The Kindergarten prepares children for the more academic challenges of Primary School: by engaging the will through meaningful life activities, by cultivating the feelings through the arts, and by stimulating creativity and fantasy through imaginative play. This approach allows the children's intellectual faculties to unfold naturally so that by the time children enter Class One they are ready and eager to experience new forms of learning. Paradoxical as it may seem, we help children lay the foundations for capacities of thought by letting them dwell in the dreamy state that is engendered through imaginative play. In Lecture Thirteen of "The Renewal of Education", Steiner speaks about the importance of this kind of play:

"During the time between birth and the change of teeth, we acquire the forces of our still unborn spirituality through the activity of playing and through what is enacted before our eyes in such a dreamlike way. ...

As I have told you, the forces that have been building up the child's physical organism become independent of the body after the change of teeth and become the forces for thinking and ideation. During the change of teeth something is being withdrawn, as it were, from the child's physical body. However, by contrast, the forces that flow through the activities of a child at play have yet to anchor themselves to earthly life and its practical tasks; they have not yet incarnated in the child's physical organism.

This means we are confronted with two different forces at this time: those working through the child's body, which after the change of teeth are transformed into the capacity of forming concepts that can be remembered; and other forces active within the child's soul and spiritual sphere, hovering lightly and etherically above the child, pervading play activities just as dreams pervade our sleep during our lives. For the child,

the activity of these latter forces develops not only during sleep, but also while awake-when the child plays. In this way these forces become outer reality.

However, what is being developed through this outer reality begins to recede after the seventh year. Just as the germinating forces in the plant recede during leaf and petal formation and reappear only when the fruit is forming, so also the forces that pervade the playing child reappear approximately in the twenty-first or twenty-second year as powers of intellect that enable the human being to gather free and independent life experiences." (RE, pp. 168-169)

The time and space for free play, and real life experiences, is decreasing and not a priority in our busy, technological world, in spite of the fact that current research supports the importance of self-directed play for brain and motor development. When young children spend valuable time passively watching TV/DVD or being "entertained" by the computer, they lose the ability to engage in self-directed imaginative play, and the opportunity to develop their will forces.

In a few short months, the children in Kindergarten will enter Class One 2009. Inevitably, the time of free play will be steadily reduced by the child's increasingly busy days. The importance of allowing your child the time and space for play cannot be underestimated. Providing real-life experiences, and encouraging your child to be an active participant in health giving activity, cannot be underestimated.

Actually, allowing time and space for play, and health giving activity: that's not bad advice for all of us, no matter what age we are!

Reference *Rhythms of Learning*, by Roberto Trostli, Anthroposophical Press, 1998

Julie McVeigh

CRAFT GROUP

After six years at the helm of the wonderfully creative Craft Group, Tanja Nelson is hanging up her needle and thread. The thanks of all who have delighted in the Craft Group's handmade treasures go to Tanja for her work.

The Craft Group meets each Friday afternoon from 12.30 in the Parents and Friends Room near the carpark and welcome any new members. The space is safe for young children to play while you sew. Assistance can be given to those with rusty sewing skills.

A new Craft Group Co-ordinator is needed for 2009. Please contact Petrina Hutchinson on 6685 0145 if you are interested in filling this very worthwhile and enjoyable role.

Head Lice

Please could you help us by checking your children's hair over the weekend. Every Monday the Students in Primary School will be checked. Any child found with live lice will be sent home, and will need to be treated before returning to school.

Grail Quest Pots Stolen

During the holidays 5 Greek Pots made by the Grail Quest students with Denis Hopking had been fired in the kiln and left on the shelves in the pottery area. On return to T4 these quite large pots have disappeared. Before this occurrence no pots or equipment have been stolen so I can't understand why these pots, which were only bisque fired without a glaze, have gone missing. If anyone knows anything about this or has seen some beautiful red clay pots please contact the school office.

Denis Hopking
High School Sculpture Teacher

SNAKES

Please be aware that it is snake season and already snakes have been spotted around the school.

10-12 Nov 08	School Certificate Exams
11 Nov 08	Class 4 Parent/Teacher Meeting 6.30pm—class 4 room
13 Nov 08	Class 12 Farewell—All School-10-11am
13 Nov 08	Class 5 Parent/Teacher Meeting 6.30pm-8pm Class 5 Room
13 Nov 08	Class 10 Formal
14 Nov 08	Class 12 Formal
20 Nov 08	Class 11 RRISK Programme
17-21 Nov & 24-28 Nov 08	Class 10 Work Experience
21 Nov 08	Classes 1 & 2 to see “Emily Loves to Bounce” in Lismore
24-27 Nov 08	Class 7 Camp—Near Glen Innes
27 Nov 08	Class 2 Play
1 Dec 08	2009 Kindergarten Parent Evening
1-2 Dec 08	Ensemble to Brisbane
4 Dec 08	High School Beach Day
5 Dec 08	Christmas Market 1-2.30pm
8 Dec 08	High School Geography Excursion
10 Dec 08	Class 5 Play
11 Dec 08	Class 6 Graduation
12 Dec 08	High School & Class 6 to Wet & Wild
12 Dec 08	End of Term 4

Adult Eurythmy with Marilyn Myres—
open to all & free of charge
Every Tuesday 7.45-8.30am -

Craft Group in the new P & F Room
and craft available for purchase
Every Friday 12.30—2.30pm

Craft Market commencing 2.30pm 1
last Friday of the Month

P & F Meetings
in the new P & F Room 6.30—8.30
Next meetings—Monday 24 November 2008

PLAYGROUP—Limited spaces available

EVERY MONDAY	EVERY FRIDAY
9.30—12.00	9.30—12.00
with Carina—	with Arinna—
02 66 843 492	02 66 847 400

2009

Term 1 2009 Mon 2nd Feb—Thu 9th Apr
Introduction Day for 1, 7, 11 & 12
30 January 2009

Term 2 2009 Wed 29th Apr—Fri 3rd Jul

Term 3 2009 Tue 28th Jul—Fri 2nd Oct

Term 4 2009 Tue 20th Oct—Fri 18 Dec

Term 4 ends Friday 12 December 2008

Please note that School fees are due 7 November 2008

BSB: 082 489 Account Number: 03774 9357 Bank: NAB Byron Bay

Chickenpox at CBRSS

What are the symptoms?

- Chickenpox begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash.
- The rash usually begins as small lumps that turn into blisters and then scabs.
- The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.
- Symptoms usually occur two weeks after exposure to the virus.
- Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.

How is it spread?

- Early in the illness, the virus is spread by coughing.
- Later in the illness, the virus is spread by direct contact with the fluid in the blisters.
- The infection is highly contagious to people who have never had chickenpox or who have not been immunised.
- People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs)
- Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

If you require any further information please contact the office.

There is also a gastro virus circulating. In the interest of general hygiene please remind children to wash hands well after toilet visits and before eating.

2009 CBRSS Calendar available from the School Front Office. \$20 each or 6 for \$100

FROM THE PRIMARY FACULTY

With Halloween behind us and the veil closing once again between the spiritual and physical worlds we quickly head towards the end of the year at a very fast rate. Warm smiles brighten our days as the children arrive joyfully to school ready to learn, and work hard at their tasks. Teachers and children are all busy making the most of lessons taught, and preparation has begun for our end of year Advent/Christmas Concert and Fair scheduled for Friday 5th December.

Several staff members have been absent this week; with Ben MacKenzie still recovering from meningitis, Catherine sick, and Rosina tucked up snugly with a dose of chicken pox. We offer them all our healing thoughts and good wishes for speedy recoveries. With Ben having been absent for quite some time, we have been very fortunate to have Jan Daly and Greg Noakes relieving class three, and would like to offer our tremendous thanks for their great work. They will continue supporting the class until Ben is well enough to return (at this stage we are unsure how long that will be). We'd also like to thank Jenny Leyland for her wonderful addition to the library and to Portia Tresselt as our relief teacher's assistant. We have also welcomed Marilyn and our treasured eurythmy classes back this week. All is on track...

Current Main Lessons studied:

- CLASS ONE — Maths—Four Processes
- CLASS TWO — English—The Saints
- CLASS THREE — Creative Arts—Noah's Ark Play
- CLASS FOUR — English – Norse Legends: 'Raucous Ragnarok'
- CLASS FIVE — HSIE/English—Ancient Greece
- CLASS SIX — HSIE/English—Citizenship—Rights & Responsibilities

The Primary School children experienced a very entertaining educational presentation of Deadly Australian creatures last Thursday. We had the opportunity to see the Death Adder, Taipan, Tiger, Red-bellied Black, and Brown snakes all safely tucked up within perspex cages. We learnt about deadly spiders, jelly fish, sea snakes, cone shells and octopuses (not live) and saw turtles from a safe distance. The one hands-on experience we had was touching a beautiful carpet python with the back of our hand as we exited the movement room. The presenter Marcus Dorse. Had a wonderful

talent for story telling and humoured us through our morning and middle lessons quite delightfully. We'll look forward to his next visit in 2009. This show will be an annual event and educational reminder for teachers and children of our environment.

Class 6 children with the assistance of Jude, Loani, Simon and Lyn masterfully presented their class play last week; and we await performances of plays later this term from:

- Class 1 – The Sun Fairies
- Class 2 – Saint Francis & the Wolf of Gubbio and Saint Bride of the Isles
- Class 3 – Noah's Ark
- And Class 5 -

Last term class four presented two plays: Loki's mischievous Adventures of Iduna & the Golden Apples and Sif's Golden Hair.

Class Six Graduation Invitation

We would like to invite all parents, friends and family to the Class Six Graduation Ceremony in Week 8 of this term, Wednesday 3rd December at 9.15am at the amphitheatre.

Every child within the primary school will present a small 'Remembrance Gift' to the children of class 6 as a reminder of their childhood; and for them to cherish and ponder upon, as they journey into the next stage of their education.

End of year moving of classrooms:

Teachers will personally invite you to help if they require assistance.

Class 6—wk 8 Thu	Class 7
Class 5—wk 8 Fri	Class 6
Class 4—wk 9 Mon	Class 5
Class 3—wk 9 Tue am	Class 4
Class 2—wk 9 Tue pm	Class 3
Class 1—wk 9 Wed	Class 2

Kind Regards
Maria Moston
Primary Faculty Coordinator

CLASS FOUR AND ONE BUDDY LESSONS

Since the middle of term three, it has been a fortnightly delight for the children and teachers of class four and one to experience the joy of learning and teaching together. The children have been playing dice counting games and have shared many of their favourite story books with one another.

The respect, collaboration and joy that the children experience through this interaction is phenomenal. It has been one of the most treasured experiences of my teaching career to witness such cohesiveness, unobstructed pure connectedness between young individuals of varying ages. I really look forward to our next visit to class one.

Warm thoughts Maria



Group Shot (more on page 5)

NANCY WAKE

By Jessie Good—Class 6

Nancy Wake was born on August the 30th, 1912 in New Zealand. She was known as the White Mouse, and won more world war medals than any other woman.

Nancy Wake was a legendary world war two hero. Her family moved to Australia when Nancy was two. Soon after, her father went back to New Zealand, leaving Nancy's mother to raise her six children.

Nancy was a true heroine; she was an amazing woman. She worked as a nurse until 1932, when an aunt in New Zealand bequeathed her a sum of money which allowed her to fulfill her dream of travelling to Europe.

Nancy lived in Paris as a journalist, and later on married a wealthy French industrialist called Henri Fiocca.

In 1933 she travelled to Vienna to interview Hitler, the leader of Nazi Germany. In Vienna Nancy saw Jewish people chained to huge wheels, being whipped by Nazi troops. She then realized the terrible danger Hitler posed and so she devoted herself to defeating the evil she had seen.

In 1939 when world war two broke out Nancy joined the French Resistance, a citizen army formed to fight the Nazis. Nancy fled when the Nazis discovered she was helping the Jewish people escape using an old ambulance she had bought. After Nancy left France the Nazis tortured and killed her husband, Henri, when he would not tell the whereabouts of his wife.

Nancy escaped to London, where she trained as a spy. When she finished her training she para-

chuted back into France. Her job was to supply the Resistance with weapons, and establish covert communication with bases in England. On one occasion Nancy rode a bike 500 kilometres - in a time just less than three days - to re-establish a coded wireless network which was needed for supplies of weapons.

Of all the amazing things she did during the war Nancy believes this was the most useful. The Nazis did not suspect she was a Resistance fighter. As a woman, it was easier for her to get through the Nazi checkpoints, and to operate unnoticed by the authorities. Because of this talent Nazi pursuers gave her the code name of the White Mouse and she was put on their most wanted list in 1943, two years before the end of the war. Nancy Wake went on to lead 7,000 Resistance fighters, and she is reputed to have killed a German soldier in hand to hand combat, and to have executed a female German spy.

Nancy's heroic actions have attracted much official recognition and awards. But it's the hundreds she helped to escape, and those she fought beside, who have more reason than anyone to celebrate the courage of the woman they called The White Mouse.

In 1957 Nancy married John Forward, a former British prisoner of war. The couple moved to Malta, where John is stationed.

In 2003 Nancy suffered a heart attack but survived it.

Nancy Wake is now 94 years old and lives in one of London's nursing homes.



Moby and Lee-El enjoying a story together

Theatre Express News

What a fun year we have had in Drama !
Next week our beginner Group will finish for the year, with a games session and party shared with parents.
The Senior and Junior groups are currently rehearsing two lively Comedy- Dramas.
Our Plays are fun for all the family. .
Don't Miss Out!

"Oblio" by Theatre Express Seniors [Class 5]

Sat 29th Nov 7pm

"Zoo" by Theatre Express Juniors [Class 3&4]

Sat 6th Dec.6pm

Watch this space and the school notice board for posters

Class 9 camp

Day 1 – Arrival:

We all woke up early Monday morning and headed off to school. We left on the bus. The bus trip was long, it took forever. We waited at the MiCat (Moreton Island Cat) station for about half an hour. On the MiCat we quickly took the front seats. We were all really excited. We finally arrived at Moreton Island. We had to walk about 200m with our entire luggage up the beach. It was hectic. We sat down and met Keith and Mark (the camp runners), and they talked to us about the camp rules. The camp accommodates 100 people... there were 15 of us. We all scattered and found our tents pretty quickly. We decided after about ½ hour of running around, we would go for a swim. When we got in the water (which was aqua by the way) a whale jumped up metres away from us. We all just chilled and hung out on the beach, played water rugby and talked until dark. That night we played spotlight with Robby being scared by Emily. It was funny.



homemade sand bike/board and we were all eager to see it in action. Unfortunately on its maiden run it failed to move, but it comes back into the story later... We all tried the initial slope, was great fun to fly down so quick, but we all ended up with sand in places we never knew possible. Some of the others climbed up this massive dune behind us, and had an awesome run all the way down. After we were totally hot and sandy we headed off for a refreshing swim at the Blue Lagoon, a beautiful freshwater lake. It was great to rinse the sand away. After this we went to the top of the island and just chilled. Some of us went fishing, some climbed rocks, ome played sports. Hey some even walked to the lighthouse. We then drove to the lighthouse where Reuben and Jett were meeting us, then headed back to camp. After dinner. We went to the beach to chill out. It was definitely an interesting night.

Day3 – Chill out:

Today we did nothing much. We woke up pretty late and went to the tidal flats. Half of us went fishing. The other half climbed a gigantic dune. Jett's Sandboard/bike finally came in handy due to the steepness of the dune. There's a good video of Jett nearly stacking it on Reuben's phone. We then had lunch and went back to camp. That afternoon all we did was hang out and reflect on the days before. Cricket was played with

TOO many people being hit by the ball. A typical night hanging on the beach was the go.

Day 4 – BUSHTUCKER:

Possibly the funniest day on camp. We woke up ate breakfast, then headed off for our BUSH TUCKER TOUR. We arrived at Tangalooma Dolphin Resort and we met the coolest guy



ever Mark. He showed us a graphic video of a whales being killed and cut when Moreton Island was a whaling station, and suggested we register to vote for the new baby dolphin's name. We came up with a few names; Canday, Travis, Eli, Marley and Alex. After the bush tucker tour we were all very thankful for the resort - phone reception and internet. After a while fishing and playing cricket on the beach we went back to Tangalooma to watch the Dolphin feeding. It was really special with heaps of Dolphins coming up, including the 7 day old baby that needed a name. When we got back to camp Max and Seb got up to their usual entertainment (think cross country if you don't get it). We had a talent quest, sung Daniel by Lior and played Symphony #23 on violin. We then went to bed.



Day 5 – Departure:

We woke up today and decided to go snorkelling. We wouldn't come back to the campsite so we packed all our gear and loaded it in the troopies. The snorkelling was freezing even though we had wetsuits on, but amazing to swim through the wrecks and see all the colourful fish.

We finished up and had lunch and one last swim, then boarded the MiCat to take us back to the mainland. We then had a feast at a Thai restaurant in Brisbane, which was a nice ending.

Everyone had an excellent time and agreed it was a great camp.



- The best thing about camp:
- Emily - Swimming/ Snorkeling
 - Reuben - Eli and the Dolphins
 - Luci - Tuesday and Thursday
 - Tom W - The Baby Dolphin
 - Seb - Thursday night
 - Taleb - The Food
 - Rachel - The music and island
 - Tom A - The camp fire and the rain that made the tent leak
 - Jett - Sand tobogganing
 - Alex – making friends with the girls again
 - Yoshi – ramdoms
 - Max – Thursday night
 - Robbie—Eli

Robbie, Alex & Rachel



Day 2 – Shenanigans.

We woke up early Tuesday, had breakfast and headed off to the sand tobogganing dunes. It took forever to get there but on the way we enjoyed an interesting tour of the island. Keith and Mark explained to us about the plants and animals of the island, and some aboriginal history (including some huge middens-piles of pipp shells). We got to the dunes. Jett had made a

I WENT TO THE GREAT WALL OF CHINA

I went to the Great Wall of China. We went to a non touristy area of the Wall. People sold fire crackers everywhere so we bought a case of 20 and let them off and it was amazingly loud. We walked across this bridge which was over a dam and started walking up the hill to where we could climb up. We got to the wall and we climbed up a rusty old ladder, up 9 metres into a small window. When we got up there we climbed through the window into a watchtower on the Wall and started walking up the steep wall. While we were walking we could see the wall going over mountains in the distance. About every 70 metres we went into a watch tower and had a rest for a while. While we were walking up we collected nuts so that when we were coming down we could roll the nuts down and have a race. We walked for about two hours and when we got back to the bottom we had lunch next to the dam and talked for ages and ate our food.

The Great Wall of China is a Chinese fortification built from 3rd century BC until the beginning of the 17th century, in order to protect the various dynasties from raids by Mongol,

Turks, and other nomadic tribes coming from areas in modern-day Mongolia and Manchuria. The wall stretches over approximately 6,400 km from Shanhaiguan in the east to Lop Nur in the west, along a line that roughly follows the southern edge of Inner Mongolia. The wall stretches to over 6,700 km in total. The Chinese army used the wall to walk across over mountains without danger of being killed unless you died of exhaustion or dehydration. The wall is so big that you can see it from outer space.



Juel class 8

Social Networking and Young People: Know the Risks

Students are increasingly turning towards their computers and the internet to complete their school assignments. But, in addition to their scholarly pursuits, teens and tweens will likely use their computers for social networking and other online entertainment. Many kids are fascinated with the freedom, anonymity, and social interaction afforded by social networking sites, chat rooms, blogs, message boards, and virtual worlds. But they may not be aware of all the risks.

Parents, guardians, and teachers can best protect kids by educating themselves about the risks and sharing their knowledge with their kids.

The Internet. A Social Medium!

The Internet is a compelling place, especially for kids who have grown up in a world that has always had the Internet. Any parent knows that kids are social creatures. Given the opportunity, few can resist the temptation to stay in touch with friends online when physically sepa-

rated from them or to meet new friends with similar interests.

Young people who use social networking sites, chat rooms, and the like typically manage at least one online personal profile that requires them to publicly divulge information about themselves, such as name and password and potentially address and phone number. To some extent, this is like walking through the local shopping mall wearing a T-shirt that contains a list of personal information. Most people at the mall who read the T-shirt will take no action, but a few might decide to use it for some malicious purpose. The difference between the mall and the online world is that the online world exposes the young person's information to many more people, multiplying the possibility for malicious results.

Steve Richards (Ric)
 PDHPE Teacher
 Cape Byron Rudolf Steiner School
 02 6684 7400
ricr.cbrss@gmail.com

High School Elective Art



YR 10 FIRST AID

Congratulations to the following class 10 students who recently gained their Senior First Aid Certificate.

Malika Amberose, Alex Cater, Sol Chlopicki-Gottschling, Elena Dawe, Jamila Harris-Evans, Colin Kupferschmid, Benny Lach, Elle Moses, Mickey Shih, Jasmine Whyte, Cory Wright, Jake Williams, Jacob Zinman-Jeans.

Well done! The First Aid certificate is valid for 3 years and has given these students the basic skills to save a life!

Steve Richards (Ric)
 PDHPE Teacher
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New Driving Test and Provisional Driver Restrictions as of July 1, 2007

A summary of the changes to the driving test and provisional driver restrictions are highlighted below. Please contact the **RTA on: 13 22 13** if you require more detailed information.

- Increase to the mandatory period of supervised driving for Learner drivers from 50-120 hours
- All Learner Driver's required to have their L plates for a minimum of one year before they apply for their P plate licence.
- All mobile phone use will be banned for P1 drivers; this includes hands free kits, Bluetooth accessories and the loud speaker function.
- L and P plates will have to be displayed on the exterior of cars.
- P1 drivers will only be able to carry one passenger under the age of 21 between 11pm-5am. Exemptions will apply for P1 drivers with work commitments, those who need to carry family members, those engaged in community work such as the Rural Fire Service, older P1 drivers aged 25 years and over and in emergency situations.

P1 drivers caught speeding will automatically lose their licence for at least three months.

Drugs, Driving and Roadside Drug Testing

Cannabis or marijuana and other drugs as well as alcohol can impair many of those skills that are needed to be a good driver such as alertness, the ability to concentrate and coordination. With cannabis, reaction time is slower so the ability to respond effectively when something unexpected happens is also affected. These effects can last up to 24 hours after smoking marijuana. If drug use is combined with inexperience on the road and risk-taking behaviour, it is a recipe for disaster.

Police now have powers to carry out roadside drug testing on any driver, rider or supervising licence holder in NSW. The drugs that will be tested include, THC the active component in Cannabis, Methylamphetamine known as ice, speed, crystal meth or base and MDMA also known as ecstasy.

Suggestions for parents include:

- Keep up to date with the latest information

on cannabis and other drugs, so you can have a credible conversation with the young person in your care.

- Remind your young person to never get into a car with anyone (another young person or even a parent) who has been using drugs or drinking.
- Discuss the physical effects that using marijuana and other drugs can have, like making it difficult to judge distances and react to signals and sounds on the road.
- Don't be afraid to ask where your young person is going, whom they'll be with and how they will get home.
- Use TV reports, anti-drug commercials, school discussions about drugs, or a website to help you introduce the subject in a natural, unforced way.
- Familiarise yourself with how drug education is being taught in your young person's school.

The upcoming RRISK Seminars for Year 11 students will discuss this and other important issues to do with alcohol and drugs, driving and celebrating.

WEBSITES

For up to date information on roadside drug testing go to:

- www.rta.nsw.gov.au
- www.drugsdriving.adf.org.au

For up to date information on alcohol and illicit drugs go to:

- www.ndarc.med.unsw.edu.au Follow links to Drug Information: Fact Sheets

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High School Elective Art



FROM THE PARENTS & FRIENDS

News for all Parents and Friends of Cape Byron

Congratulations again to everyone who contributed to the success of the recent Spring Fair. At last week's P&F meeting we heard from the Fair Co-ordinator Nitzan Karni, who reported on the wonderful efforts from all members of the school, who by working together created a great feeling of community and an incredible promotion of the school. Meanwhile our able Treasurer David Hanrahan, reported that as a side benefit of this fantastic community involvement, we managed to raise around \$14,000!

The money raised in any P&F venture is used to support the school in many ways. Every year the College of Teachers provides a Wishlist of requests from teachers plus the School Council may indicate areas where we can offer some financial assistance. Money is currently being put aside to help with the cost of the canteen. The organising Class 3 will also receive a per-

centage of the Spring Fair profits towards their class fundraising.

There are still easy ways to contribute to the P&F before school finishes up for the year.

It is not too late to send in your recipe for the Cape Byron Cookery Book – via email to: tracey@nappywrap.com.au or drop a hard copy, addressed to the P&F into the office.

Drop your old mobile phones into the special box in the office. Every phone collected saves toxic waste from entering landfill, plus will help raise funds to support the school. The phones are either repaired and reused in developing nations or taken apart and the components recycled. Any phone, any age and in any condition is suitable. Remove the sim card before you drop it in. Chargers are not necessary. We need at least 50 phones by the 12th December, so please help.

Buy a beautiful School Calendar, or 6.

Petrina Hutchinson, P&F Chairperson

stevepetrina@optusnet.com.au

21ST ANNIVERSARY CELEBRATIONS CAPE BYRON STEINER SCHOOL - 27TH & 28TH FEBRUARY 2009

A special anniversary weekend is being planned for the last weekend in February 2009

You can help with any of the following:

- ◆ Contact past students and teachers and let them know of the event.
- ◆ Hunt out old photos of the school and drop a copy inot the office.
- ◆ Write down some special memories of your involvement with the school.
- ◆ Get involved with organising the food stalls and entertainment for the Daytime Birthday Party.
- ◆ Assist with the visual displays or written history.
- ◆ Help out with the Celebratory Dinner.

Contact Petrina Hutchinson if you can assist in any way:
6685 0145 or stevepetrina@optusnet.com.au

MOBILE PHONE COLLECTION

Our school will receive \$2.50 for every old mobile phone it collects.

Simply bring in your unwanted mobile phone, no matter its age or condition and drop it off in the box in the school office. Remove your sim card first.

This not only helps our school but the planet too.

It is estimated that there are 16 million old mobile phones just lying around in office and home draw-

ers in Australia alone. These phones contain toxics that must not find their way into landfill sites. Envirofone recycle all phones to the highest standards in accordance with the International Standards Organisation, ISO 14001.



Parents can also arrange a collection at work.

So dig out those old mobile phones and send them to school.

For more information go to:

www.envirofone.com.au



FOOD cont.

Byron Gourmet Pies
real ingredients • real bread buns
Ph: 6685 6855
www.byrongourmetpies.com.au

The Santos Warehouse
Open to the Public - Wholesale Prices
Old school: 3685 5685
New School: www.santostading.com.au

HEALTH & WELLBEING

Craniosacral Prac. & Himalayan Goji Juice™ Orders
Call Lisa Christoffersen T 6685 8542

cocoon
inner health, natural beauty
Dr. Hauschka Skin Care specialists
Naturopaths working out of Anthroposophy
• Weleda Medicines • Pennant Hills Sphagnin • Free Advice
Beauty Massage Waxing
6/11 Fletcher Street (back end) Byron Bay 6585 5711

HOME & DECORE

Northern Light pure beeswax candles
available from Cocoon or northernlight.com.au
The Rug Shop
Antique rug specialists - top end of Bangalow T 6687 2424

Emporio
Shop 4 / 15 Fletcher Street Byron Bay NSW 2481
T: 02 6685 5150 F: 02 6680 7605

MASSAGE & BODYWORK

Rhythmical Massage - with Anna Munro
Dip. Rem. Massage Cert. R/E Massage T 6685 5063

MEDICAL

North Coast Medical Centre 34 Shaker Street
Byron Bay (near Byron Hospital)
Dr Anthony Solomon
GPs, Neuropaths, Osteopaths, Psychologists, Counselors Ph. 6685 9666

TRAVEL

FLIGHT CENTRE Flight Centre
Unbeatable Byron Bay
25-27 Lawson Street
Call 6685 3440

YOGA & FITNESS

byronyogacentre Yoga Teacher Training with JOHN OGILVIE
Byron Bay's original established Yoga School - Since 1988

LEVEL	DATES	WHERE	HRS	COST
1	15 Oct - 29 Nov 07	Byron Bay	250	\$2,200
1	5 Feb - 15 March 08	Byron Bay	250	\$2,200
2	31 March - 9 May 08	Byron Bay	250	\$2,200
1*	Commencing 6 Oct 07	Byron Bay	TBA	\$2,700

*Part time residence at Byron Yoga Centre

DAILY CLASSES
Over 20 classes per week • all levels • various styles.
Weekly timetable in the Echo or on our website.
Class cost: \$15. Five Class Pass \$80
Experience that makes a difference

The Epicerie E1 Border Street Byron Bay. Ph: +61 2 6687 2230
info@byronyoga.com www.byronyoga.com

GENERAL NOTICES

The General Notices section are adverts submitted by individuals and Cape Byron Rudolf Steiner School take no responsibility for the content, nor are the opinions expressed in the adverts and notices necessarily those of the school.

FOR SALE—I have tickets to the Festival at Woodford, near the Sunshine Coast, Queensland for the days of 28, 29 & 30 December, 2008. The tickets allow day & evening entry (not camping) for 2 Adults & 1 Child for each of the 3 days. They are worth \$520 but I will sell them for \$400 and include the program! Anyone interested, please phone Lucie on 66 858902 or 0432334862

FOR SALE—Cello 1/2 size. Beautiful sound. Good condition. \$700 ONO—call Kristin 02 6684 6864/0432 581 224

LOST—A very special earring – blue titanium, dangly earrings, at school on 4 November 2008. Please contact the school office if you find it.

FOUND—Set of Volvo keys at Spring Fair—please see office if you can help return them to their owner.

WANTED—Mother+daughter (yr10) seeking housesit/rental or share accommodation in Ewingsdale or beyond. Excellent references available. 66805807 or 0438858826.

WANTED—Accommodation: Share house/house-sit/affordable rental ideally with a pool in Byron/Mullum region. Contact Jenny—0415 540 032

HELP NEEDED— 18 year old Dutch girl with reasonable English would like accommodation in return for helping with children whilst she studies English in Australia. She also speaks French. Contact Lucie Verdin lucieverdin@hotmail.com

SPORT—Bangalow Tennis Academy

Tennis coaching and tennis clinics are offered at the Bangalow Tennis Club to kids of all ages and individual coaching to adults of all ages (!). Tennis is a great sport for health, social activity and hand-eye coordination. Call Jason the Head Coach at 0411896955

SPORT—Junior Soccer—Six—a-side. Played over ten weeks on Wednesday nights during the school terms at Mullumbimby. Starts 19.11.08 finishes 25.2.09. Please call: 66844110 or 66841673

WORKSHOP—Storytelling Workshop & Performance with Ashley Ramsden—Sat 22 November 08—workshop 12-4pm \$50 and Performance 7.30pm—\$15 at The Old Church Hall, Samford—Pls call 07-3430 9600 or info@samfordsteiner.qld.edu.au

The newsletter is also available on our website under 'What's On'.
www.capebyronsteiner.nsw.edu.au where you can also subscribe.

DEADLINE FOR COPY: 12 noon MONDAY prior to issue date. Copy can either be handed in to the office or emailed as an attachment in plain text to: news@capebyronsteiner.nsw.edu.au . We reserve the right to edit material in order to fit available space.

Next Issue: - 20 November 2008